



PUBH 3120: Family & Community Health, Spring 2020

Course Description

This course is designed to help you gain a broad understanding of family and community health. Through this course, you will gain an understanding of the history of public health systems, understand the basic science (epidemiology) that underlies public health, understand the role of public health in health care, gain insight into the roles of public health in the prevention of specific diseases and behaviors, and understand how community health is monitored. The knowledge you obtain in this course can be applied to other courses, your career, and your daily life.

Course Objectives

In this course, you will:

1. gain **factual knowledge** (terminology, classifications, methods, and trends)
2. learn **fundamental principles** (general mechanisms and theories)
3. develop **specific skills, competencies, and points of view needed by public health professionals**

Course Instructor: Dr. Habashi

Contact information: Use the Canvas inbox (allow 24 h for a response; expect delays on weekends/holidays).

Office location/office hours:

- Room 171B, Milton P. Miller Bldg. (195 W. 1100 S., Brigham City); Tuesdays, 1:45–2:45 PM and by appointment

Class meetings

- **Tues/Thurs, 10:30-11:45 AM** (Brigham City, C218; Logan, DE105; Price, Reeves 150; Salt Lake, 122; Southwest Center, TBA; Blanding, TBA)

Required materials

1. "An Introduction to Community Health: Brief Edition" by McKenzie and Pinger. 2014. Jones and Bartlett Learning. (ISBN 978-1-284-02689-4)*

2. Additional readings and videos will be posted on Canvas.

*I have found the textbook online for as little as \$12, so shop around. To purchase the text from the USU Campus Store, go to "<http://campusstore.usu.edu/>" or call 800-662-3950.

General Course Requirements

You are required to attend and actively participate in all lectures, and to complete all assigned readings before coming to each class meeting. This is a challenging course with a lot of interesting material to cover; **1–2 hours of study per day outside of class time is recommended**. Read the syllabus carefully and discuss any questions with your instructor. Adjustments may be made to the class schedule during the semester; however, exam dates will not change. Adjustments will be posted on Canvas. By continuing in the course after reading the syllabus, you are indicating that you accept the terms of the syllabus.

Grading

Grades will be based on the following assessments. All scores in the grade book (except the final exam) will be considered finalized on Wednesday, 4/22/20, at 5:00 PM. No special projects will be offered to improve your grade.

Evaluation method	# of points possible
Lecture Assignments and Homework	100
Lecture Exams	200
Final Exam	200
TOTAL	500

Assignments, Participation Points, and Quizzes

Regular attendance and participation are essential parts of this course.** To promote this, in-class or outside assignments/quizzes based on the day's assigned readings/lecture material will be administered at random points during the semester. These assessments are due when called for; therefore, it is vital to arrive to class on time and not to leave early. No late assignments or quizzes will be accepted (so never leave the lecture room without turning in your paper), and there are no makeups. (Be sure to turn in all take-home assignments as early as possible before the due date. No extensions will be granted due to problems with printing/accessing the internet/using Canvas or other technological problems.)

**About Kaltura: Kaltura is a software tool that allows faculty to make recordings of a class meeting. It's a great way to review lecture material; however, like all technology, it occasionally fails. Also, it is not intended to replace class attendance/participation. I plan to make Kaltura recordings of our lectures; however, it is NOT a guarantee. If a class meeting doesn't get recorded, I will not post a replacement. Also, if lecture attendance or participation falls during the semester, I will stop making Kaltura recordings. Thus, it is important to attend and participate in all class meetings.

Lecture Exams

There will be 2 lecture exams, worth 100 points each, given on the dates listed in the schedule. Exams will be composed of multiple choice, true/false, matching, and/or short answer/free-response questions. You will take each exam at a USU testing center. It is your responsibility to make your own testing center appointments, and picture ID will be required for each exam (digital reproductions are not acceptable). You are responsible for knowing testing center hours and policies. Exam questions will be formulated based on the lecture notes/slides, text chapters, class discussions/demonstrations/assessments, handouts, videos, articles, and other materials distributed in class or posted on Canvas. On each exam, there may be some material from the textbook that was not covered in lecture due to time constraints. Therefore, it is vital to read and take notes on each assigned chapter, and to include these materials in your test preparations. Chapter outlines are available on Canvas to help you do this. You may bring a pen/pencil and basic calculator to each exam.

As a reminder of the need for academic integrity, you will sign an exam honesty statement prior to taking each test; this paper will also be your scratch paper. Be sure to turn in your exam honesty statement before leaving the testing center; otherwise, you'll receive a zero on the test. Also, no books, notes, book bags, or bulky jackets will be allowed in the testing center, so plan ahead.

- You will have 1 full week after each lecture exam to contest your score. **Submit all questions via the Canvas inbox to Dr. Habashi.** After the week is up, no score adjustments will be considered.
- **You are invited to meet with Dr. Habashi any time before 5:00 PM on 4/20/20 to review your exams.**

Final Exam

A comprehensive final exam worth 200 points will be given during a two-day window, from Thursday, 4/23/20 to Friday, 4/24/20. You will take the final at a USU testing center. You will need to make your own testing center appointment, and photo ID will be required. The format will be the same as for the lecture exams. **There is no make-up for the final. The exam may not be taken early, except in exceptional circumstances and with prior written approval from Dr. Habashi.**

Grading scale (grades are not rounded):

Percentage	Grade
93-100%	A
90-92%	A-
87-89%	B+
83-86%	B
80-82%	B-
77-79%	C+
73-76%	C
70-72%	C-

67-69%	D+
60-66%	D
59% and below	F

Classroom Policies and USU Student Information

Unacceptable Classroom Behavior:

Behavior that disrupts the learning/teaching environment will not be tolerated. If you engage in disruptive behavior, I will ask you to stop. If it happens again, you may be asked to leave the room (and possibly the course) so that other students can benefit from the limited amount of class time available. The facilitators at each campus will report disruptive behavior to the instructor.

1. Once class has started, **all cell phones must be put away (not on your desk, in your hand, or on your lap)**. No outside conversations are permitted. Use of laptop computers/tablets is permitted only for purposes related to the class.
2. Only students registered for the course are allowed to attend class sessions. Children, spouses, friends, etc. of students will not be permitted in the classroom during class.

For a full description of USU's policy on classroom incivility, see <http://www.usu.edu/policies/pdf/Classroom-Incivility.pdf>.

Withdrawal Policy and "I" Grade Policy:

Students are required to complete all courses for which they are registered by the end of the semester. In some cases, a student may be unable to complete all of the coursework because of extenuating circumstances, but not due to poor performance or to retain financial aid. The term 'extenuating' circumstances includes: (1) incapacitating illness which prevents a student from attending classes for a minimum period of 2 weeks, (2) a death in the immediate family, (3) financial responsibilities requiring a student to alter a work schedule to secure employment, (4) change in work schedule as required by an employer, or (5) other emergencies deemed appropriate by the instructor.

Student Athletes:

Student athletes who will miss class due to team travel must make arrangements with Dr. Habashi through Canvas **at least 10 days prior to the date of travel**. Written notification from USU regarding team travel is required before any accommodations will be considered.

Course Conflicts:

Students with a course conflict due to a University-sponsored event or another USU course must contact Dr. Habashi through the Canvas inbox **at least 10 days prior to the date of the conflict** to request accommodations; otherwise, no accommodations will be considered. Written documentation from University staff/faculty will be required before any accommodations will be considered.

Class Cancellations:

Unless the USU-Brigham City campus is closed by President Cockett, classes will be held as scheduled for all students. Should closure occur, your instructor will post instructions for you as an "Announcement" on Canvas. To stay informed, visit the Personal Information page on Banner and update your "Code Blue Alert" phone number.

Honor Code Policy:

As stated in The Student Code, "Each student has the right and duty to pursue his or her academic experience free of dishonesty. The Honor System is designed to reinforce the higher level of conduct expected and required of all Utah State University students." Upon admission to the University, you agreed to abide by this Honor Code by signing the Honor Pledge, which reads: "I pledge, on my honor, to conduct myself with the foremost level of academic integrity." Complete academic honesty is expected in this course. Cheating on exams or plagiarism on written assignments will result in a failing grade and may result in further action according to University policy.

Accommodation for Disabilities:

The Americans with Disabilities Act states: "Reasonable accommodation will be provided for all persons with disabilities in order to ensure equal participation within the program." If a student has a disability that will likely require some accommodation by the instructor, the student must contact the instructor and document the disability through the Disability Resource Center (435) 797-2444, preferably during the first week of the course. Any request for special consideration related to attendance, pedagogy, taking of examinations, etc., must be discussed with and approved by the instructor. In cooperation with the Disability Resource Center, course materials will be provided in alternative format (e.g. large print, audio, diskette, or Braille) upon request.

Grievance Process:

Students who feel they have been unfairly treated...may file a grievance through the channels and procedures described in the Student Code: <http://www.usu.edu/studentervices/pdf/StudentCode.pdf#page=3> (Article VII. Grievances, pp. 27-36).

Course communications:

Email is an official form of communication at USU. Any communication to you about this course will be sent to the email address you have listed in Canvas as your preferred address. You are responsible for any information conveyed to you at that email address.

To ensure that Canvas is using the email account you prefer, do the following:

- Log in to Canvas and click on the link "Profile" at the top right of the page.
- Click on "Notifications" at the left side of the screen.
- Verify your email address.
- You may also opt to receive course notifications via text on your cell phone. Click the downward arrowhead to the right of "Email me at" on the "Notifications Preferences" page to bring up the option "Text my Cell at."

It is your responsibility to check your Canvas account at least once a day so that you do not miss out on announcements or emails to the class. All questions regarding academic progress or grades must be sent via Canvas.

To log in to Canvas, go to: canvas.usu.edu (no "www"). Your username is your Banner username (your "A" number) and your password is your BANNER password. PUBH 3120 should appear under the heading "Courses."

- **For help with Canvas**, contact the IT service desk: **435-797-HELP (4357)** or 1-877-878-8325.

Diversity Statement:

Regardless of intent, careless or ill-informed remarks can be offensive and hurtful to others and detract from the learning climate. If you feel uncomfortable in a classroom due to offensive language or actions by an instructor or student(s) regarding ethnicity, gender, or sexual orientation, contact one of the following: at USU Brigham City, contact Jill Rasmussen, Room D102, (435) 919-1246; at other regional campuses, contact your advisor, or; Moises Diaz, Director of Multicultural Student Services (435) 797-1733, moises.diaz@usu.edu; James Morales, Vice President of Student Services (435) 797-1712, james.morales@usu.edu; Ann Austin, Vice Provost for Faculty Development and Diversity, ann.austin@usu.edu; Maure Smith, GLBTA Services, maure.smith@usu.edu; Steven Russell, Student Advocate (435) 797-1720, s.r.@aggiemail.usu.edu. You can learn about your student rights by visiting: www.usu.edu/studentervices/studentcode.

Anticipated Weekly Schedule

Week	Date	Topic	Chapter
1	1/7	Course Intro/ Health Definitions and Perspectives	1
1	1/9	Course Intro/ Health Definitions and Perspectives	1
2	1/14	History and Development of Public Health	1
2	1/16	Organization of Public Health at World/Federal/State/Local/Volunteer Levels I	1

3	1/21	Organization of Public Health at World/Federal/State/Local/Volunteer Levels II	1
3	1/23	Organization of Public Health at World/Federal/State/Local/Volunteer Levels III	1
4	1/28	Organization of Public Health at the State/Local Levels	1
4	1/30	Epidemiology and Public Health Data I	2
5	2/4	Epidemiology and Public Health Data II	2
5	2/6	Health Status Measures	2
6	2/11	**LECTURE EXAM 1** during testing center open hours	
6	2/13	Prevention of Infectious Disease	2
7	2/18	Prevention of Non-Communicable Disease	2
7	2/20	Community Health Planning and Programming/Performance Measurement/Management	3
8	2/25	School Health Programs	4
8	2/27	Maternal and Child Health	5
9	3/3	☺ No Class: Spring break	
9	3/5	☺ No Class: Spring break	
10	3/10	Adolescents/Youth/Adults; Chronic Disease Prevention	6
10	3/12	Elderly	7
11	3/17	Minorities	8
11	3/19	Mental Health	9
12	3/24	Progress and Next Steps in Reducing Tobacco Use	10
12	3/26	A Public Health Approach to Alcohol and Other Drug Problems	10
13	3/31	**LECTURE EXAM 2** during testing center open hours	
13	4/2	Health Care Delivery: Public Health Workforce I	11
14	4/7	Health Care Delivery: Public Health Workforce II	11
14	4/9	Environmental Health in Public Health	12
15	4/14	Injury Control	13
15	4/16	Catch up and review	
16	4/21	☺ No Lecture: Get ready for the final!	
16	4/23 and 4/24	**COMPREHENSIVE FINAL EXAM** during testing center open hours	