

2017 Department of Biology Awards

WESTON R. AND JOLAYNE INNES SCHOLARSHIP

Tyson Lumbreras, Biology



My name is Tyson Lumbreras, and I am a first generation college student finishing up my senior year here at Utah State University. Having been an athlete all throughout high school that played football, I was able to find a great deal of interest in health-related careers early on. I started volunteering in the emergency department at the Logan Regional Hospital, that was when I knew a career in medicine would be the most rewarding for me. My passion for learning about the human

body along with my desire to pursue medical school has led me to majoring in Human Biology with a minor in Chemistry. Over the last year and half I have been working under the direction of Dr. Sydney Schaefer in the Motor Rehabilitation & Learning Lab. Our goal as a lab is to gain a better understanding of how the human brain learns skilled movement. In Fall 2015 I presented some of our laboratory's research findings to physicians, therapists, and researchers at the American Society for Neurorehabilitation conference in Chicago.

Because of my unique life experiences, I have become inspired to actively raise awareness to end abuse in my community and on campus. To undertake this, I am a volunteer for USU's SAVVI Club (Sexual Assault & Anti-violence Information) where we as a club hold numerous events throughout the year, such as 'Walk a Mile in Her Shoes'. Our sole purpose as a Club is to raise awareness to end domestic and sexual violence on campus. Additionally, over the last year I have been working at CAPSA (Citizens Against Physical and Sexual Assault) serving as a Weekend Shelter Manager for my community's domestic violence shelter. Being employed for this non-profit organization has given me many opportunities to end domestic violence in our community. Receiving the Weston R. and Jolayne Innes scholarship will not only allow me to spend less time working an irrelevant job to support myself, but it will allow me to dedicate more time to spend on my professional development by continuing research, serving my community, university and volunteering at the local hospital.